

40th



MPA ANNUAL CONGRESS

PRECONGRESS 4 – MANAGING PAIN IN CHILDREN

Date: Wed, 5 September 2018

Time: 8am – 4pm

Aims and Purpose

Despite the existing standards on pain assessment and management, pain in hospitalised children remains under-recognised and under-treated. This 1-day hands-on workshop is aimed at providing participants with knowledge and practical skills in managing acute and chronic pain in the paediatric population. This workshop will cover the following:

1. Pain assessment in children and neonates
2. Different modalities in procedural pain management
3. Post-operative pain management
4. Pain management in children with cancer, severe neurological impairment and in neonates
5. Opioid use

Learning objectives

At the end of the workshop, participants will be able to:

1. use validated pain scores to assess pain in verbal and non-verbal children
2. use the different modalities for managing pain during painful procedures such as intravenous cannulations and immunisations in children of different age groups including neonates
3. decide on the appropriate analgesia in children experiencing pain
4. implement safe use of opioids:
 - i. Know the different opioids available
 - ii. Know the indications of using opioids
 - iii. Able to safely prescribe opioids including starting and titrating morphine and opioid conversion
 - iv. Prevent, identify and manage opioids side effects
5. identify the causes of pain in children with cancer, severe neurological impairment and in neonates
6. know the principles of non-pharmacological management in children with pain from cancer, severe neurological impairment and in neonates
7. address misconceptions about opioid use among parents

Target audience (Maximum 60 participants)

Healthcare providers caring for children.

Chairperson: Farah Khalid

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Time	Activity	
0800-0830	Registration	
0830-0840	Introduction to workshop	
0840-0900	Lecture and video: Pain experience among children in hospital	Farah Khalid
0900-0915	Lecture: Practical Tips on Pain Assessment in Children	Tang Swee Ping
0915-0930	Lecture: Practical Tips on Pain assessment in neonates	Azanna bt Ahmad Kamar
0930-1000	Group work/Quiz: Pain assessment using the different pain assessment tools	All
1000-1020	Tea	
1020-1050	Lectures and videos: Pain management in different situations - Procedural pain management	Farah Khalid
1050-1125	Practical session: Play with kids	
1125-1145	Practical session: "Home Improvement"	
1145-1200	Lecture: Analgesic preparations for children	Subasyini Sivasupramaniam
1200-1230	Practical session: Trying out different opioids	Subasyini Sivasupramaniam
1230-1245	Lecture: Pain management in different situations - Cancer Pain	Chong Lee Ai
1245-1300	Lecture : Pain management in different situations - Post-op Pain	Marzida Mansor
1300-1400	Lunch	
1400-1415	Lecture : Pain management in different situations - Neonates	Azanna bt Ahmad Kamar
1415-1430	Lecture : Pain management in different situations - Children with severe neurological impairment	Farah Khalid
1430-1550	Breakout session - Clinical cases (5 stations – 20 mins each)	All
1550-1600	Closing and Tea	