

PERSEKUTUAN PEDIATRIK  
MALAYSIA

# Positive PARENTING



Dear Mums and Dads,

Festive Greetings from the Positive Parenting Team!

The Positive Parenting programme, an initiative of the Malaysian Paediatric Association, brings together partners such as the Obstetrical & Gynaecological Society of Malaysia, Nutrition Society of Malaysia, Malaysian Mental Health Association, Association of Registered Childcare Providers Malaysia, National Population & Family Development Board Malaysia and Malaysian Association of Kindergartens to provide you with expert opinions and advice on maternal, child and family wellness.

Read on to find out what's new this time at the Positive Parenting!

## What's New In Positive Parenting guide



### Positive Parenting Guide Issue 4 – Guide to Child Health & Paediatrics

The year-end issue of the Positive Parenting Guide has just been uploaded onto the website!

Discover and get grips of the amazing journey of growth through the eyes of a teenager in our special feature article, 'Getting to Know Your Teenager', focused on the common psychological and health issues that Malaysian teenagers face today.



Has your child been immunised against the Human Papillomavirus (HPV)? Learn more on how you can prevent your child from contracting this silent infection. Also in this issue: discover the true story of a family's battle against pertussis, E.coli food poisoning, fighting pneumonia, flu and asthma.

Are you a breast-feeding mum? Our article in the Child Nutrition section titled 'Clear those Blocks', will teach you on some of the common breastfeeding complications how to overcome these problems.

Also, look out for our exciting section on Child Development, titled 'Mind Those Video Games'! This exclusive article will help you understand how video games can impact your child and how can you minimise these risks.

Last but not least, we also highlight the various family issues that new parents or parents-to-be face in our article 'Intimacy during Pregnancy' and some styles to discipline your child in the article, 'Keys to Discipline'.



What are you waiting for?

Do check out our new Positive Parenting Guide 4-2011 at [www.mypositiveparenting.org](http://www.mypositiveparenting.org)

### Smile, Cute Baby!

Does your baby have the most delightful smile? Or is he really good at giving a pose? Positive Parenting website welcomes pictures of your baby to be sent in and be displayed in our Baby Photo Gallery. Do send us photos and share with us the glowing smile and adorable antics of your little one!



Merry Christmas, and wishing you a very Happy & Joyous New Year ahead!

Best Regards,  
Positive Parenting Secretariat

**Important note:**

Positive Parenting is a resource programme for parents designed for educational purposes only. We are unable to entertain and will not respond to questions about specific medical conditions or offer any personal medical advice or opinions. If you have an urgent question or you suspect that something is seriously wrong with your child, please contact your doctor immediately.  
To be removed from Positive Parenting mailing list, reply to us and indicate, "REMOVE" as the subject head.