

# Positive PARENTING



Dear Mums and Dads,

Festive Greetings from the Positive Parenting Team!

The Positive Parenting programme, an initiative of the Malaysian Paediatric Association, brings together partners such as the Obstetrical & Gynaecological Society of Malaysia, Nutrition Society of Malaysia, Malaysian Mental Health Association, Association of Registered Childcare Providers Malaysia, National Population & Family Development Board Malaysia, Malaysian Psychiatric Association and Malaysian Association of Kindergartens to provide you with expert opinions and advice on maternal, child and family wellness.

Read on to find out what's new this time at the Positive Parenting!

## What's New In Positive Parenting Guide

### Positive Parenting Guide Issue 1 – Guide to Family Wellness

The first issue of the Positive Parenting Guide 2012 has just been uploaded in our website!

Our feature article Keep Your Child Safe helps raise awareness on child safety in Malaysia. Children like to explore and make new friends, but they may not be aware of potential dangers. Discover how parents, police and the society as a whole can work together to ensure a safer environment for our children.



This issue also explores challenges faced by nursing mothers in public. If you are one of them, we have included practical tips that may help you when you are out with your hungry baby! Also try out the tasty chicken recipes specially developed by nutritionists/dietitians.

Has your child been vaccinated against pneumococci? The dangers can be deadly and should not be taken lightly. Learn more through the eyes of Rachel Anne, a brave six year old who overcame pneumonia successfully with the quick action of her family. We have also shed light on the importance of optional vaccines and how you can protect yourself against dengue fever.

Last but not least, learn if your schooling days are really over in our child development section. Be involved and don't be afraid to volunteer in any of your children's school activities. Your contributions may seem small, but sometimes even the minutest involvement could make a difference to your children.

What are you waiting for?

Do check out our new Positive Parenting Guide 1-2012 and feedback form at [www.mypositiveparenting.org](http://www.mypositiveparenting.org)



### Smile, Cute Baby!

Does your baby have the most delightful smile? Or is he really good at giving a pose? Positive Parenting website welcomes pictures of your baby to be sent in and be displayed in our Baby Photo Gallery. Do send us photos and share with us the glowing smile and adorable antics of your little one!

Best Regards,  
Positive Parenting Secretariat

Important note:  
Positive Parenting is a resource programme for parents designed for educational purposes only. We are unable to entertain and will not respond to questions about specific medical conditions or offer any personal medical advice or opinions. If you have an urgent question or you suspect that something is seriously wrong with your child, please contact your doctor immediately.  
To be removed from Positive Parenting mailing list, reply to us and indicate: "REMOVE" in the subject head.